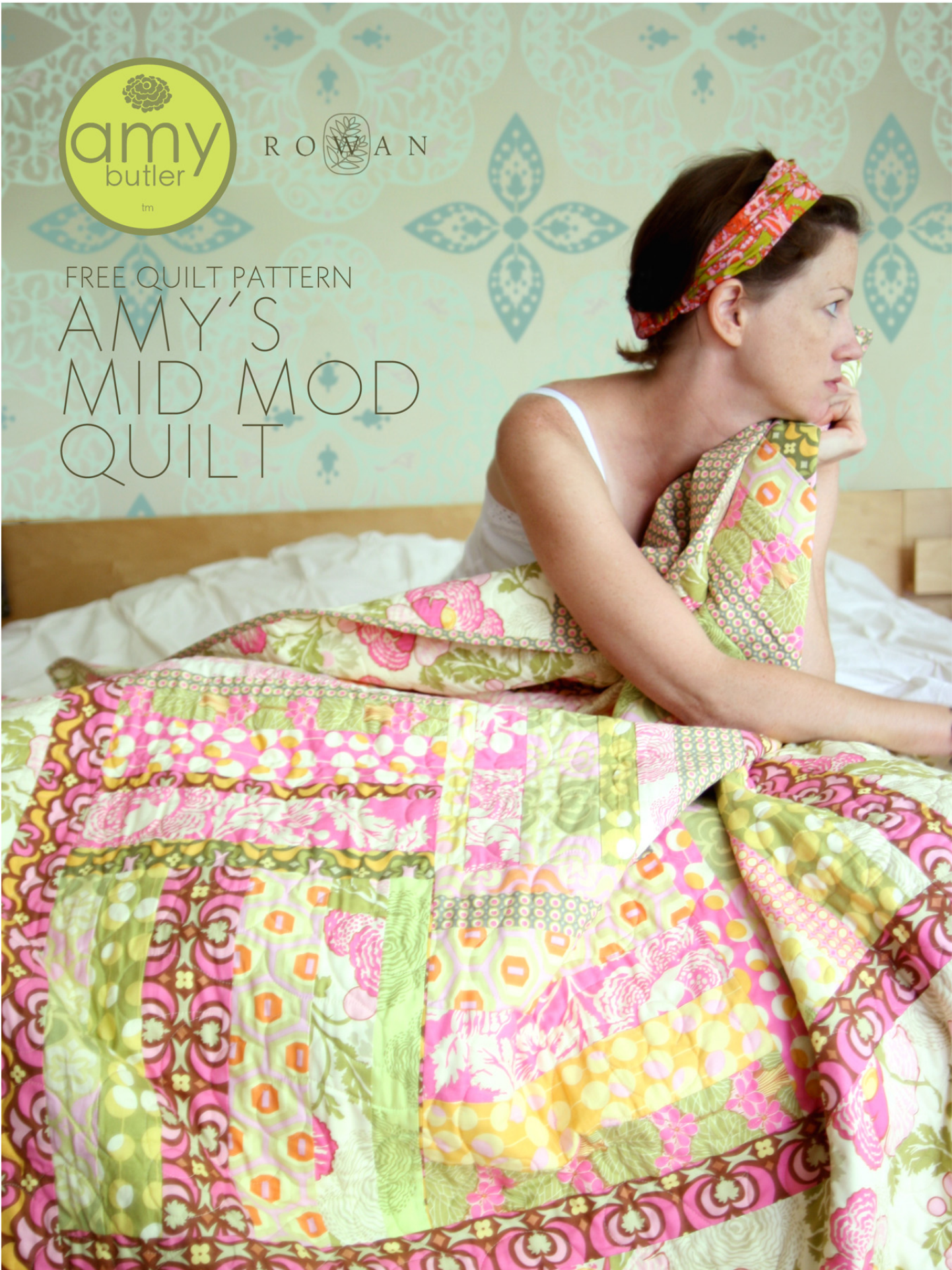




ROWAN

FREE QUILT PATTERN  
AMY'S  
MID MOD  
QUILT



# AMY'S MID MOD QUILT

Fabric designed by Amy Butler for Rowan  
All prints are from Amy's Midwest Modern Collection

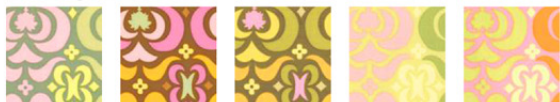
Quilt design by Amy Butler  
Quilt construction by Joy Jung  
Machine quilting by Deborah Schofield  
Instructions by Joy Jung and Kim Ventura

Finished Size: 64" wide x 64" long

## Amy's fabrics used in this quilt

Fabrics used for the Center Blocks

ab-23 garden maze



grey brown olive sand pink

ab-25 honeycomb



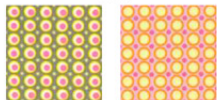
linen sand

ab-26 martini



moss linen fuchsia gold

ab-29 happy dots



grey pink

ab-30 nouveau trees



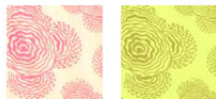
tangerine moss

ab-32 fresh poppies



rose fuchsia

ab-33 floating buds



ivory sage

Fabrics used for the Inner Border

ab-23 garden maze



brown

Fabrics used for the Outer Border

ab-32 fresh poppies



fuchsia

Fabrics used for the Quilt Back

ab-23 garden maze



brown

ab-32 fresh poppies



fuchsia

**NOTES: All seam allowances are 1/4" unless otherwise stated.**

**Before getting started, please read through all of the instructions. Then preshrink your fabric by washing, drying and ironing it.**

**TIP: Making a small diagonal clip in the corner of each of the fabrics before washing will prevent fraying and tangling.**

## Materials List

- 16 (1/8 yard) cuts of assorted prints for the Center Blocks
- 2 3/4 yards of the first coordinating fabric for the Bias Binding, 2 Backing Strips and for Center Blocks
- 1 1/4 yards of a second coordinating fabric for the Inner Borders and for Center Blocks
- 4 1/4 yards of a third coordinating fabric for the Outer Borders, 3 Backing Strips and for Center Blocks
- Batting (70" x 70") (we use bamboo batting from Fairfield)
- 1 spool of coordinating all-purpose thread (we use Coats Dual Duty XP®)

## Tools Needed

- Ruler/rotary ruler and/or yardstick
- Straight pins
- Scissors and/or rotary cutter and mat
- Turning tool (such as a closed pair of scissors)
- Chalk pencil or fabric marker
- 12 1/2" x 12 1/2" square quilting ruler (helpful, but optional)
- Hand sewing needle (optional)

## Cut the fabric

From each of the 1/8 yard pieces of fabric:

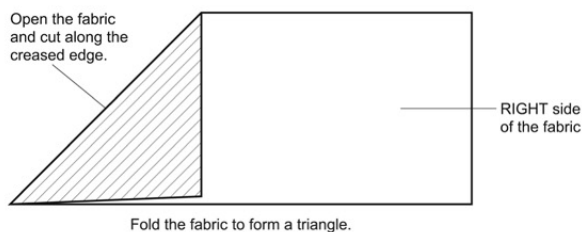
- Cut 1 strip - 1 3/4" wide x 13" long
- Cut 2 strips - 2 1/4" wide x 13" long
- Cut 1 strip - 3" wide x 13" long

From the first coordinating fabric:

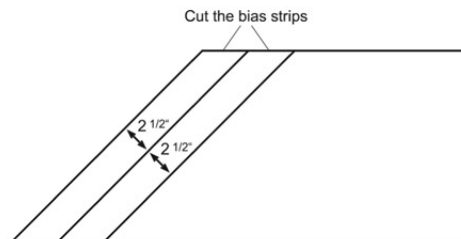
- Cut 2 Backing Strips (G) - 15" wide x 70" long
- Cut 1 strip - 1 3/4" wide x 13" long
- Cut 2 strips - 2 1/4" wide x 13" long
- Cut 1 strip - 3" wide x 13" long
- Cut approximately 8 - 2 1/2" wide bias strips, enough to make 280" of bias binding

## How to Cut Bias Strips

- Open your fabric. Lay it **RIGHT** side up on a flat surface.
- Fold one corner **RIGHT** sides together, matching one selvage edge with one cut edge to make a triangle.
- Press along the folded edge.
- Open the fabric and cut along the creased edge.



- Measure and mark 2 1/2" in from each end of the cut edge.
- Using your ruler and fabric marker, match the 2 marks and draw a line.
- Continue to measure and mark bias strips parallel to the first.



#### From the second coordinating fabric:

- Cut 2 Inner Borders (B) - 2 1/2" wide x 36 1/2" long
- Cut 2 Inner Borders (C) - 2 1/2" wide x 40 1/2" long
- Cut 1 strip - 1 3/4" wide x 13" long
- Cut 2 strips - 2 1/4" wide x 13" long
- Cut 1 strip - 3" wide x 13" long

#### From the third coordinating fabric:

- Cut 2 Outer Borders (D) - 12 1/2" wide x 40 1/2" long
- Cut 2 Outer Borders (E) - 12 1/2" wide x 64 1/2" long
- Cut 3 Backing Strips (F) - 14" wide x 70" long
- Cut 1 strip - 1 3/4" wide x 13" long
- Cut 2 strips - 2 1/4" wide x 13" long
- Cut 1 strip - 3" wide x 13" long

#### **Assemble the Center Blocks**

- To make the quilt blocks in a random manner, place all of the cut strips in a paper bag and toss them to mix.

- Reach into the bag and remove strips as needed, putting back any strip that has already been used in the current block.

- Place the strips **RIGHT** sides together, pin and stitch a 1/4" seam across one long side edge. Continue to add strips until the block measures at least 13" wide. Turn the block **WRONG** side up and press all the seam allowances to one side. Set this completed block aside and repeat the process to make 8 more blocks.

- Place the first block **WRONG** side up on a flat surface or cutting mat and using a 12 1/2" x 12 1/2" quilting ruler and rotary cutter, or a ruler, fabric marker and scissors, square the block by trimming it to a true 12 1/2" x 12 1/2" square. Repeat this process to square the remaining blocks.

#### **Assemble the Quilt Top**

- Using the quilt diagram at the bottom of this page as a guide, place the blocks in three rows of three blocks per row.

- The blocks in rows one and three will be placed with the strips being horizontal/vertical/horizontal.

- The blocks in row two will be placed with the strips being vertical/horizontal/vertical.

- Place the blocks in each row **RIGHT** sides together matching the side raw edges and pin. Stitch the blocks together using a 1/4" seam. Press the seam allowances open.

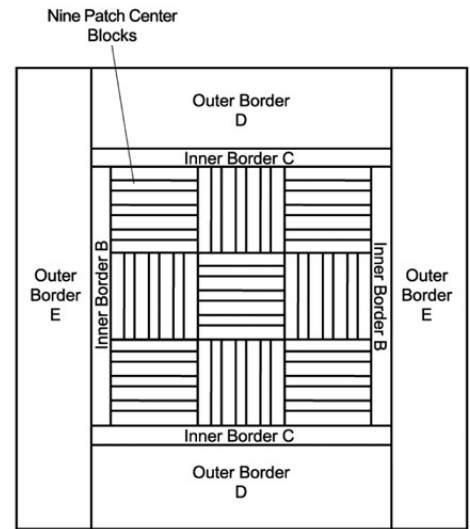
- Place the rows **RIGHT** sides together matching the seams between the blocks, pin and stitch together with a 1/4" seam. Press the seam allowances toward the bottom of the Quilt. This is the "9 patch" center of the Quilt.

- Trim the edges of the 9 patch to square if necessary.

- Place one Inner Border B on each side of the 9 patch **RIGHT** sides together matching the raw edges and pin in place. Stitch using a 1/4" seam. Press the seam allowances toward the Border. Trim the short raw ends if necessary.

- Place one Inner Border C on the top edge and one on the bottom edge of the 9 patch **RIGHT** sides together matching the raw edges and pin in place. Stitch using a 1/4" seam. Press the seam allowances toward the Border. Trim the short raw ends if necessary.

- Place one Outer Border D on the top edge and one on the bottom edge of the Quilt center **RIGHT** sides together matching the raw edges. Pin in place. Stitch using a 1/4" seam. Press the seam allowances toward the Border. Trim the short raw ends if necessary.



- Place one Outer Border E to each side of the Quilt center **RIGHT** sides together matching the raw edges. Pin in place. Stitch using a 1/4" seam. Press the seam allowances toward the Border. Trim the short raw ends if necessary.

Your quilt top is finished! You can set it aside for now.

#### **Make the Quilt Backing**

- Using pieces F and G, place the pieces in the following order with **RIGHT** sides together matching the long edges and pin in place. Stitch the first two strips together using a 1/4" seam and then add the third, fourth and fifth.

**F - G - F - G - F**

- Turn the panel **WRONG** side up and press all the seam allowances toward the darker fabric.

#### **Assemble the Quilt**

- Place the Backing on a large flat surface with the **WRONG** side facing up. Smooth out any wrinkles.

- Place the Batting on the **WRONG** side of the Backing. Smooth out any wrinkles.

- Place the completed Quilt Top on top of the Batting with the **RIGHT** side facing up creating a sandwich of the Backing, Batting and Top and smoothing out any wrinkles.

- Pin the layers together and hand baste using long basting stitches.

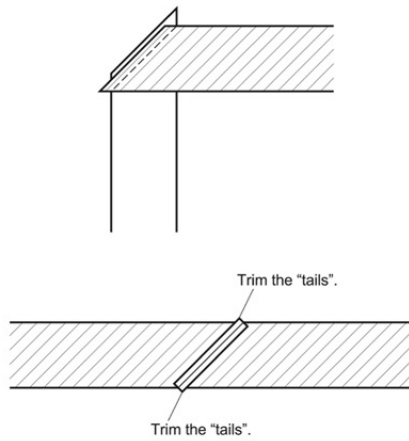
*To hand baste, make a series of long, running stitches through all of the pinned layers.*

- Machine or hand quilt as desired starting at the center of the Quilt and working your way to the outside edges. When the quilting is complete, trim the Backing, Batting and Top evenly using a ruler, fabric marker and scissors, or a rotary ruler, mat and cutter. Hand or machine baste the three layers together to secure them, stitching very close to the raw edges.

*To machine baste, use the longest stitch on your machine, so you can easily remove the basting stitches later. Do not backstitch at the end of your stitching.*

### Make and attach the Binding

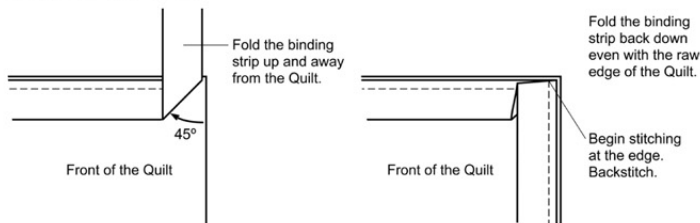
- Join the bias strips into one continuous piece by placing the ends of the strips perpendicular to each other with the **RIGHT** sides together. Stitch across the diagonal edges, backstitching at each end, and trim the seam to 1/4". Press the seam allowance open and trim any "tails" of fabric along the edges of the seam. Continue to join strips until you have a piece measuring 280" long.



- Fold the bias strip in half lengthwise with the **WRONG** sides together. Press a crease along the fold.

- With the **RIGHT** side of the Quilt Top facing up and beginning in the center of one side edge, align the raw edges of the Binding with the raw edge of the Quilt leaving 5" unattached. Pin in place. Stitch the Binding using a 1/4" seam. Stop 1/4" from the first corner and backstitch. Clip the thread and remove the Quilt from the sewing machine.

- To form a neat mitered corner, fold the Binding strip away from the Quilt at a 45° angle, and then fold it back onto itself, even with the next raw edge of the Quilt. Pin in place. There will be a folded edge of Binding even with the first edge of the Quilt.



- Begin stitching again at the upper edge of the Quilt, backstitching as you begin. Continue to pin and sew 1/4" from the next corner, backstitch and repeat the mitering process.

- Continue to attach the Binding and miter all four corners. Stop stitching 10" from where you first began. Backstitch.

- Cut the Binding so that it overlaps its beginning edge by 6". Open the unattached beginning end of the Binding and cut it at a 45° angle. Fold under 1/2" toward the **WRONG** side. Press and refold.

- Insert the end of the Binding within the folded beginning edge. Adjust so that they lay flat within each other, tucked inside the fold. Pin and stitch the Binding in place.

- Turn the Quilt over so the Backing is facing up and flip the binding over the edge from the front to the back. Line up the folded edge of the Binding so that it just covers the stitching line that attached it to the front. Adjust the mitered corners using a turning tool and pin them in place.

- Hand stitch the Binding in place or machine stitch close to the folded edge of the Binding.

Nice job! Your Quilt is complete!! You've made a beautiful keepsake!

Be sure to add a fabric label to the Quilt back, hand stitching it in place to document your name, address, date and any information you may want to include (perhaps a dedication or a name for the Quilt). Future generations will thank you for this.



Amy's Mid Mod Quilt Front

If you enjoyed making this quilt, please check out my other new quilt design "Thea's Puzzle Quilt".



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[amybutlerdesign.com](http://amybutlerdesign.com)

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R O W A N  
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