



FREE PATTERN  
FLORAL BURST  
SILHOUETTE PILLOWS



# FLORAL BURST SILHOUETTE PILLOWS

I took this wonderful Japanese-inspired vintage floral silhouette and combined my favorite Organic Soul yellow, red and blue prints for a lively burst of color and style! Great to accent your Window to the Soul Quilt, or simply to brighten up your boudoir.

## SEWING PATTERN INCLUDES:

Instructions, measurements and template to create your own Floral Burst Silhouette Pillows.

Fabrics designed by Amy Butler for Rowan.  
All prints are from Amy's Organic Soul collection.

Pillow design by Amy Butler  
Instructions by Dianne Barcus  
Construction by Mallory Theiss

**Finished sizes:** Small - 20" square  
Large - 24" square

## AMY'S FABRICS USED FOR THE PILLOWS

Main Panels



Bluestone / English Garden ORAB05

Floral design



Cilantro / Night Tree ORAB02

Bands on design



Rose / Peacock Feathers ORAB04

## GENERAL NOTES:

**-All seam allowances are 1/2" unless otherwise stated. The seam allowances are included in all measurements and templates.**

**-Before you get started, please read through all of the instructions. Preshrink your fabric by washing, drying and pressing it. TIP: Make a small diagonal clip in the corners of each of your fabrics before washing to help prevent fraying and tangling.**

**-The first time a term is mentioned and followed by an asterisk (\*) it is defined in the "Techniques & Terminology" section of Amy's website.**

## MATERIALS LIST (makes 1 pillow)

From 44" wide organic quilting fabric:

Fabric Width	Fabrics Required	Yardage Required	
		20" pillow	24" pillow
44" wide	One print for the Main Panels	3/4 yard	1 1/2 yards
	A second print for the floral design	1/2 yard	5/8 yard
	A third print for the bands on the design	3" x 6" scrap	3" x 6" scrap

## NOTIONS NEEDED (for either size pillow)

- 1 box of Freezer paper
- 1 yard of 17" wide fusible webbing - I use Wonder-Under from Pellon\*
- 2" wide decorative fringe trim:
  - For the 20" pillow - 2 1/2 yards
  - For the 24" pillow - 2 7/8 yards
- 2 skeins of coordinating embroidery floss to embellish the edges of the floral design
- 1 pillow form (20" or 24" square) - I use Soft Touch® Pillow Inserts from Fairfield
- 1 spool of coordinating all-purpose thread
  - I use my Premium Threads from Rowan

## TOOLS NEEDED

- Scissors
- Straight pins
- Chalk pencil
- Transparent tape
- Printer
- Pencil
- Light source (a sunny window works great!)
- 14 sheets of 8 1/2" x 11" printer paper
- Turning tool (such as a closed pair of scissors)
- Iron and ironing board
- 24" quilting ruler
- Pressing cloth
- Embroidery needle
- Craft knife
- Rotary cutter and mat

Follow the directions below to make either size pillow.

## Step 1.

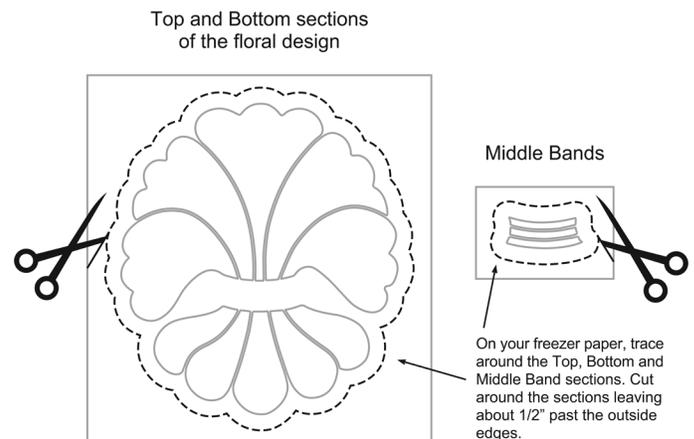
### PRINT AND CUT OUT THE TEMPLATE

A. Print out the template pages for the size pillow you're making; 1 - 4 for the small pillow or 5 - 10 for the large. Follow the instructions on the pages to tape them together.

### Freezer paper

B. Place a piece of freezer paper shiny side down on top of the paper template. Using a light source and a pencil, carefully trace around each piece of the Top and Bottom sections. Repeat this step to trace around the Middle Bands using a separate piece of freezer paper.

C. Cut around the outside edge of the entire design on the freezer paper leaving about 1/2" past the outside edges. Do not cut around each individual piece of the design at this time.



Please set your original templates aside for now, you'll use them in Step 3.

## Step 2. CUT OUT THE FABRIC PIECES

### First print

A. Lay your fabric in a single layer with the **RIGHT** side facing up. Using your ruler and chalk pencil, or rotary cutter and mat, measure and mark the dimensions below directly onto your fabric.

#### For the 20" pillow:

-Cut 2 Main Panels - 21" x 21"

OR

#### For the 24" pillow:

-Cut 2 Main Panels - 25" x 25"

### Wonder-Under

B. Lay your Wonder-Under with the paper side facing up. Using your ruler and chalk pencil, or rotary cutter and mat, measure and mark the dimensions below directly onto your Wonder-Under.

#### For the 20" pillow:

-Cut 1 Panel 18" x WOF (Width of fabric)

-Cut 1 Panel 3" x 6"

#### For the 24" pillow:

-Cut 1 Panel 18" x WOF (Width of fabric)

-Cut 1 Panel 18" x 4"

-Cut 1 Panel 3" x 6"

### Second Print

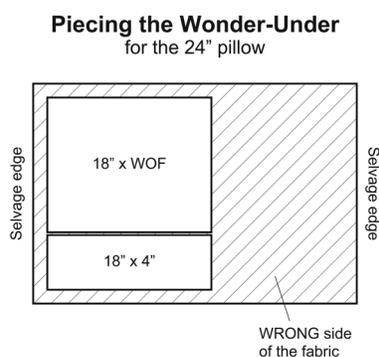
**HINT: Cover your ironing board with a large scrap of fabric.**  
**The Wonder-Under sometimes adheres to the surface and makes it sticky.**

#### For the 20" pillow:

C. Lay your fabric **WRONG** side up on your ironing board. Place the 18" x WOF panel, paper side up on top of the fabric, centering it over the area you want to capture. Carefully press the Wonder-Under to the fabric following the manufacturer's instructions. Skip ahead to Step 2E.

#### For the 24" pillow:

D. Lay your fabric **WRONG** side up on your ironing board. Place the 18" x WOF panel, paper side up on top of the fabric, centering it over the area you want to capture. Make sure the short edges of the panel are parallel to the lengthwise grain. Carefully press the Wonder-Under to the fabric following the manufacturer's instructions. Next place the 18" x 4" panel below the first and line up the long edges. Press the Wonder-Under to the fabric as before.



E. Carefully trim away the parts of your fabric which are not fused to the Wonder-Under.

F. Now turn your fabric **RIGHT** side up. With the shiny side of the freezer paper templates facing down, lay the Top and Bottom sections of the floral design on top of your fabric.

G. Next, cut out each individual piece of the Top and Bottom sections along the marked lines.

H. Remove the freezer paper from the **RIGHT** side of each fabric piece and the Wonder-Under paper from the **WRONG** side.

### Third print (3" x 6" scrap of fabric)

F. Repeat Step 2C, 2E and 2F using your final freezer paper template for the Middle Bands.

G. Now cut out each individual piece of the Middle Bands along the marked lines and remove the papers from each side.

## Step 3. ATTACH THE FABRIC DESIGN TO THE FRONT PANEL

A. Place one Main Panel **RIGHT** side up on your ironing board. Using your original template as a guide, assemble all of the pieces for the design **RIGHT** side up and centered on top of the panel. Using an iron and pressing cloth\*, carefully fuse the design in place, following the manufacturer's instructions, making sure each piece is smooth.

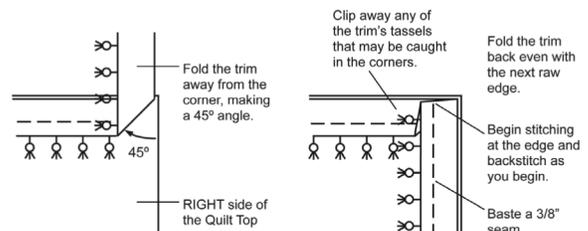
B. Using an embroidery needle and a few strands of floss, alternate sewing long and short stitches 1/8" in from the edges around each individual piece of the Top and Bottom sections only. Tie off your stitches on the back of the panel and cut the floss to free your needle.

## Step 4. ATTACH THE TRIM

A. Place the **RIGHT** side of the Front Panel face up. Start at the center along one side edge and match the tape of the trim with the raw edge of the panel and pin it in place, stopping at the first corner.

B. Baste\* a 3/8" seam stopping 3/8" from the first corner and backstitch\* at each end. Clip the threads and remove the panel from your machine.

C. Miter this corner by folding the trim away from the corner at a 45° angle. Then fold it back even with the next raw edge and pin it in place.



D. Begin stitching again at this edge of the panel, backstitching as you begin. Continue to pin and sew along the edge, stopping 3/8" from the next corner and backstitch again.

E. Repeat Steps 4C through 4D to miter the remaining corners and sew the rest of the trim in place.

F. Cut the trim so it overlaps the beginning edge by 1/2". Backstitch again. Go back to each mitered corner and clip away any of the trim's tassels that may be caught in these corners.

*(Continue with Step 5 on page 3.)*

## Step 5.

### FINISH THE PILLOW COVER

- A. Now put the Front and Back Panels **RIGHT** sides together, tucking the trim in between and pin them in place.
- B. Now on the **WRONG** side of the Front Panel, sew to the inside of the basting stitches leaving an 18" opening centered along the bottom, and backstitch at each end.
- C. Trim\* all 4 corners in the seam allowances\* making sure not to clip your stitching.
- D. Turn the Pillow Cover **RIGHT** side out. Use a turning tool\* to gently push out the corners and pull out the fringe. Press the cover flat.
- E. Insert your pillow form through the opening and line up the side seams. Fold each side of the opening 1/2" under and pin the edges together. Then slipstitch\* across these edges to close the opening.

Well done! Time to relax with your fresh sewn Floral Burst pillows.



Pillows featured here  
with my Window to  
the Soul Organic Quilt.

If you liked this free pattern, please be sure to check out my other free patterns like "Window to the Soul Quilt" and "Sunshine Quilt". Happy Sewing! -Amy



**WESTMINSTER**  
FIBERS  
*Lifestyle Fabrics*

3430 Toringdon Way, Ste 301  
Charlotte, NC 28277  
Phone: 866-907-3305  
Fax: 864-877-3269  
Email: [fabrics@westminsterfibers.com](mailto:fabrics@westminsterfibers.com)  
Website: [www.westminsterfibers.com](http://www.westminsterfibers.com)

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R O W A N  
FABRICS

*Organic Soul*  
by amybutler

[amybutlerdesign.com](http://amybutlerdesign.com)

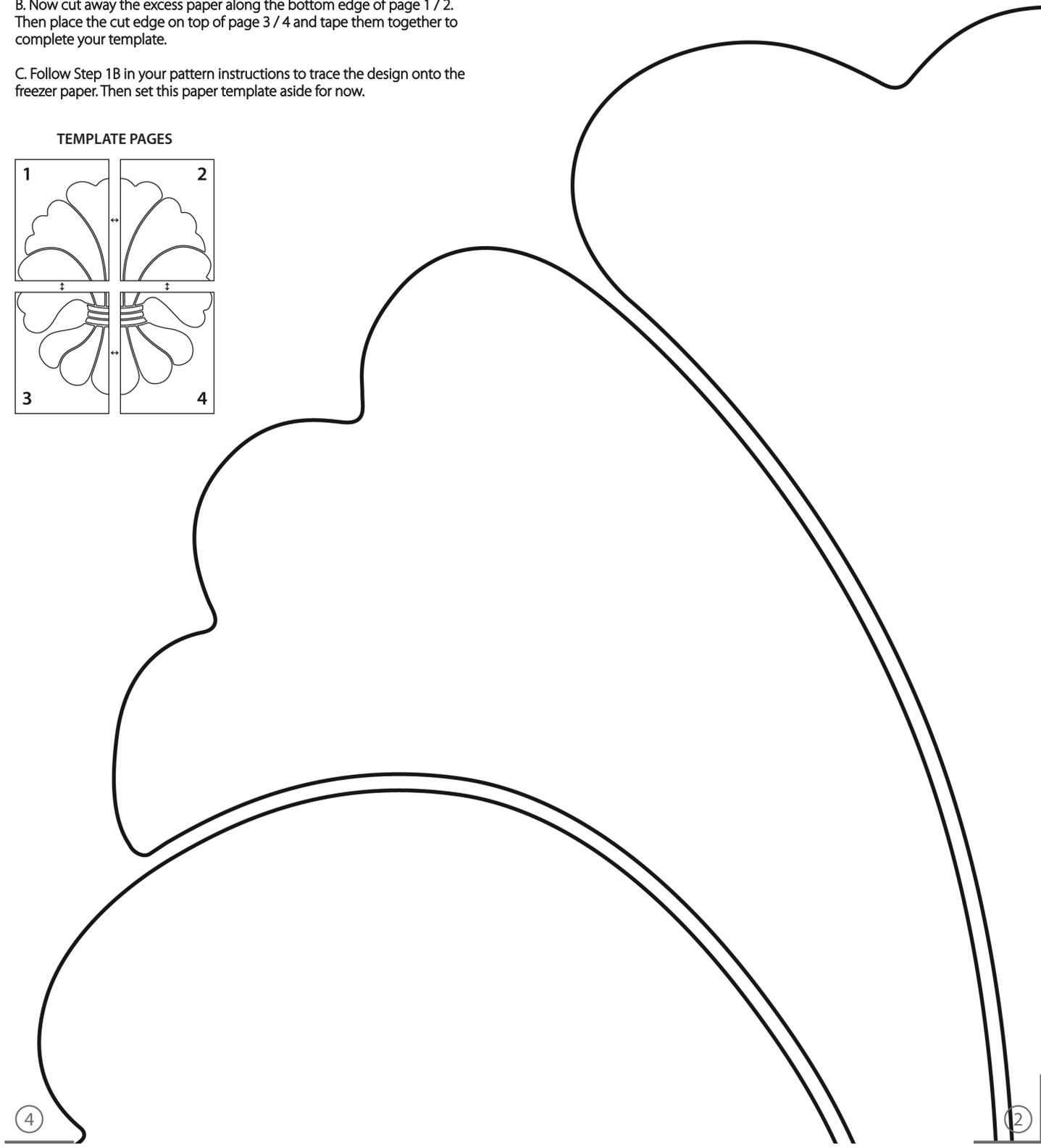
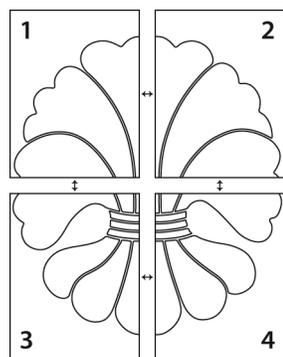
**INSTRUCTIONS TO TAPE THE TEMPLATE PAGES TOGETHER**

A. With your ruler and craft knife, line up the marks along the side edge of template pages 1 and 3, and cut away the excess paper. Place the cut edge on pages 2 and 4 respectively. Line up the marks and match the numbers. Tape the pages together.

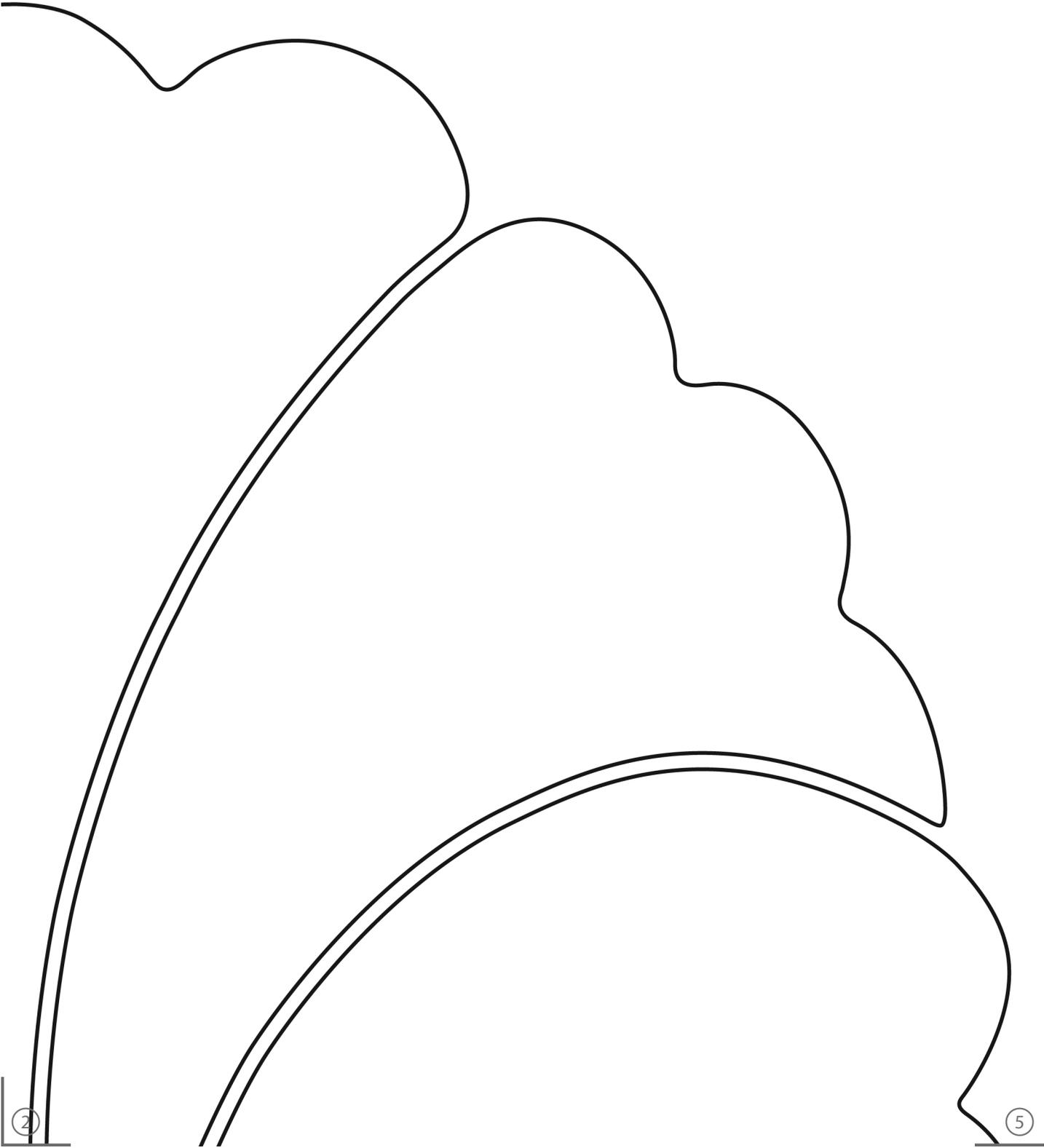
B. Now cut away the excess paper along the bottom edge of page 1 / 2. Then place the cut edge on top of page 3 / 4 and tape them together to complete your template.

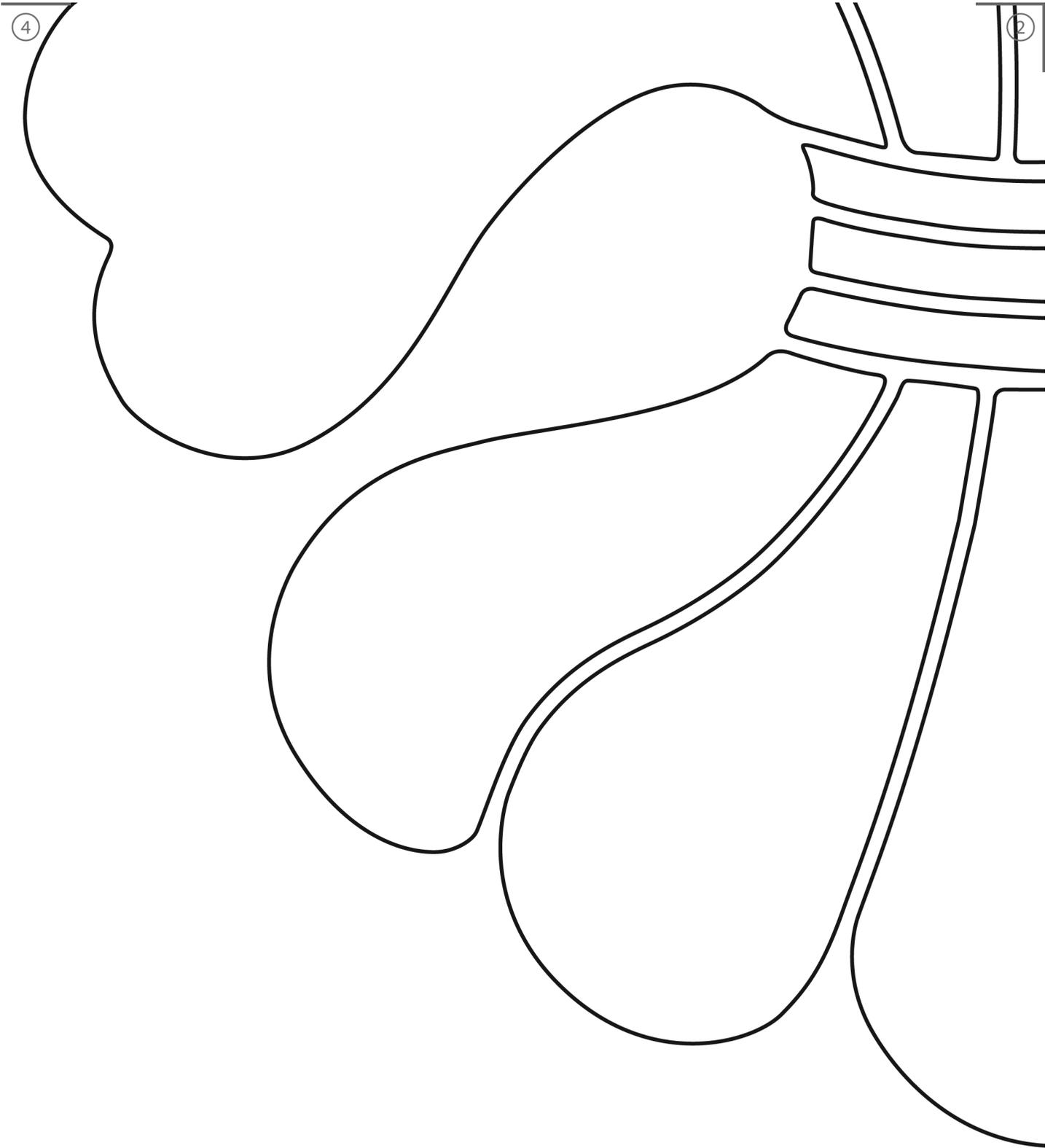
C. Follow Step 1B in your pattern instructions to trace the design onto the freezer paper. Then set this paper template aside for now.

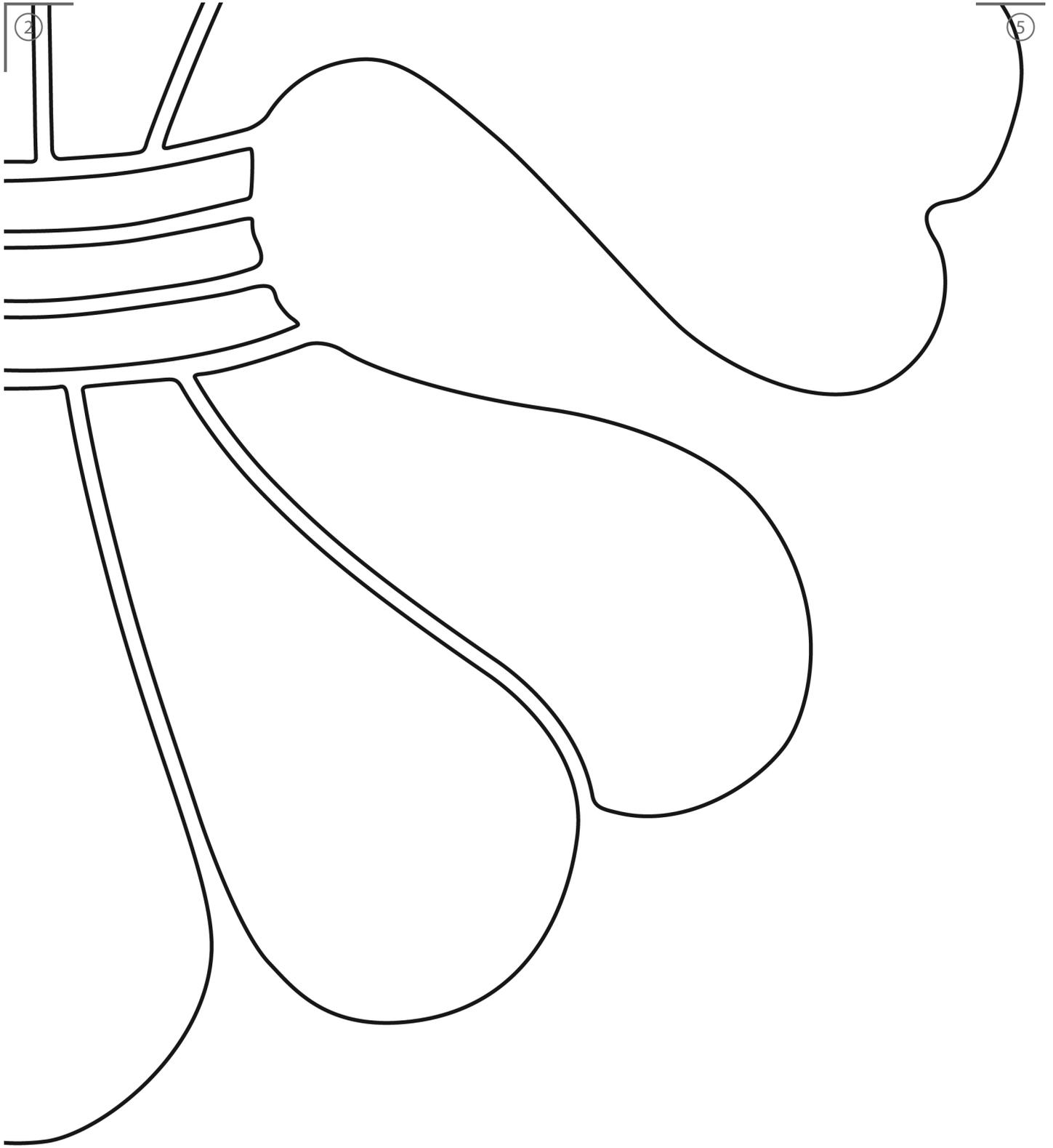
**TEMPLATE PAGES**



1







2

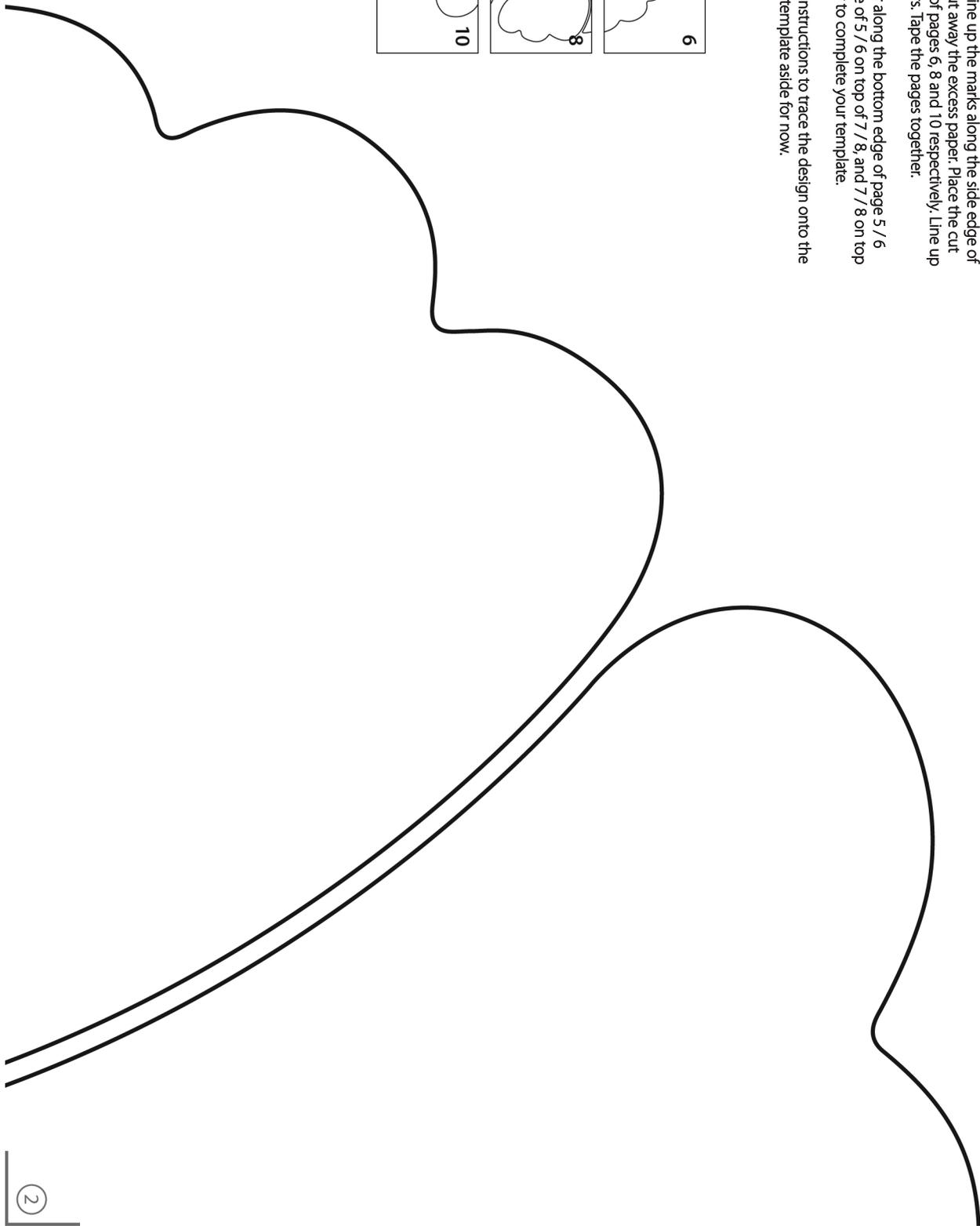
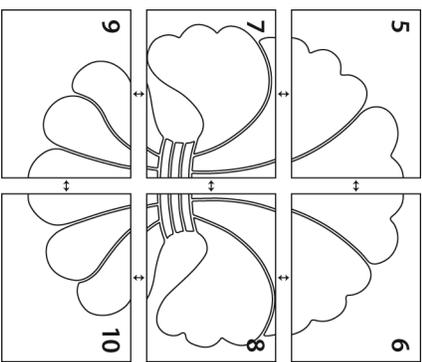
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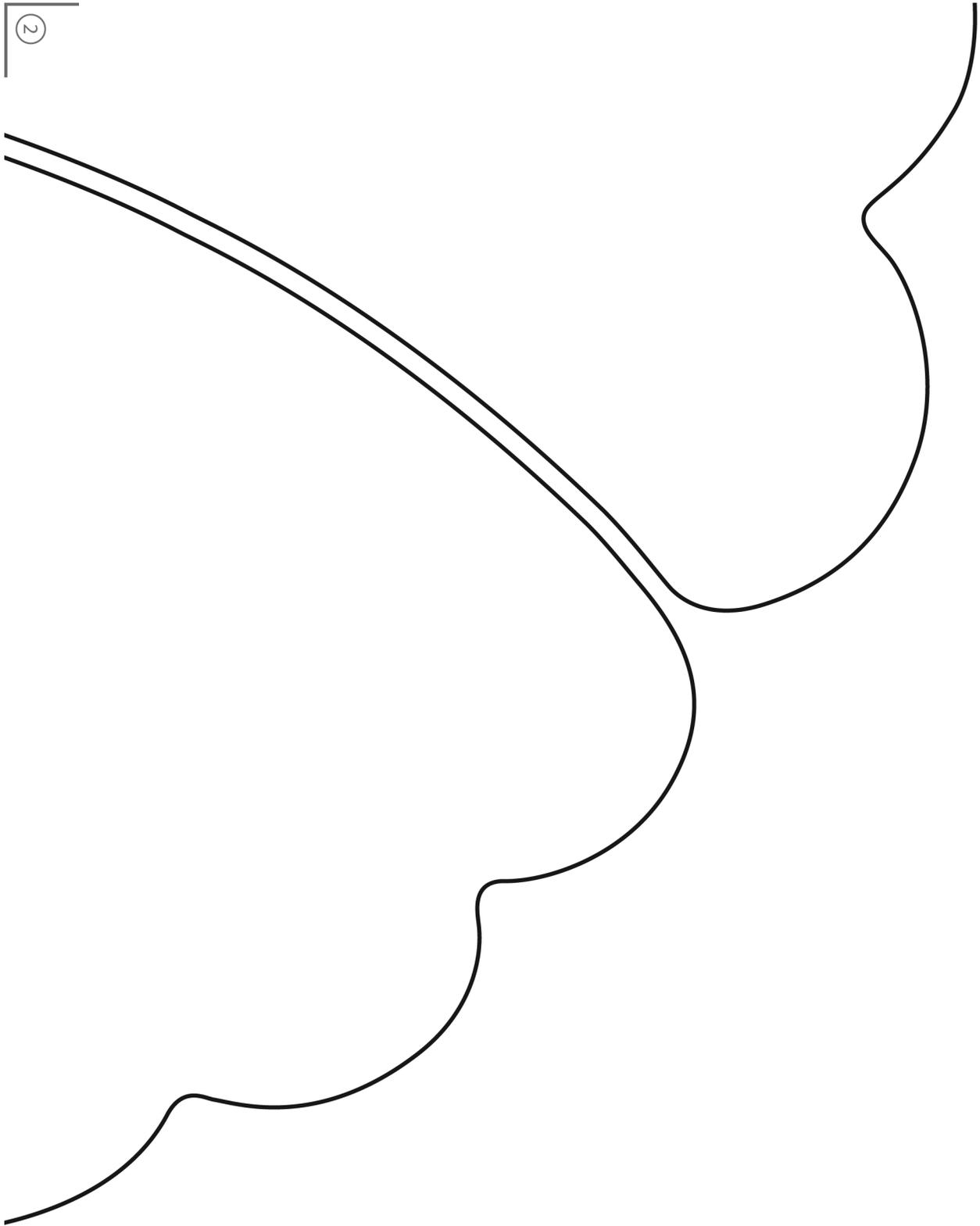
**INSTRUCTIONS TO TAPE THE TEMPLATE PAGES TOGETHER**

- A. With your ruler and craft knife, line up the marks along the side edge of template pages 5, 7, and 9, and cut away the excess paper. Place the cut edge on pages 5, 7 and 9 on top of pages 6, 8 and 10 respectively. Line up the marks and match the numbers. Tape the pages together.
- B. Now cut away the excess paper along the bottom edge of page 5 / 6 and 7 / 8. Then place the cut edge of 5 / 6 on top of 7 / 8, and 7 / 8 on top of 9 / 10. Tape the pages together to complete your template.
- C. Follow Step 1B in your pattern instructions to trace the design onto the freezer paper. Then set this paper template aside for now.

**TEMPLATE PAGES**



1



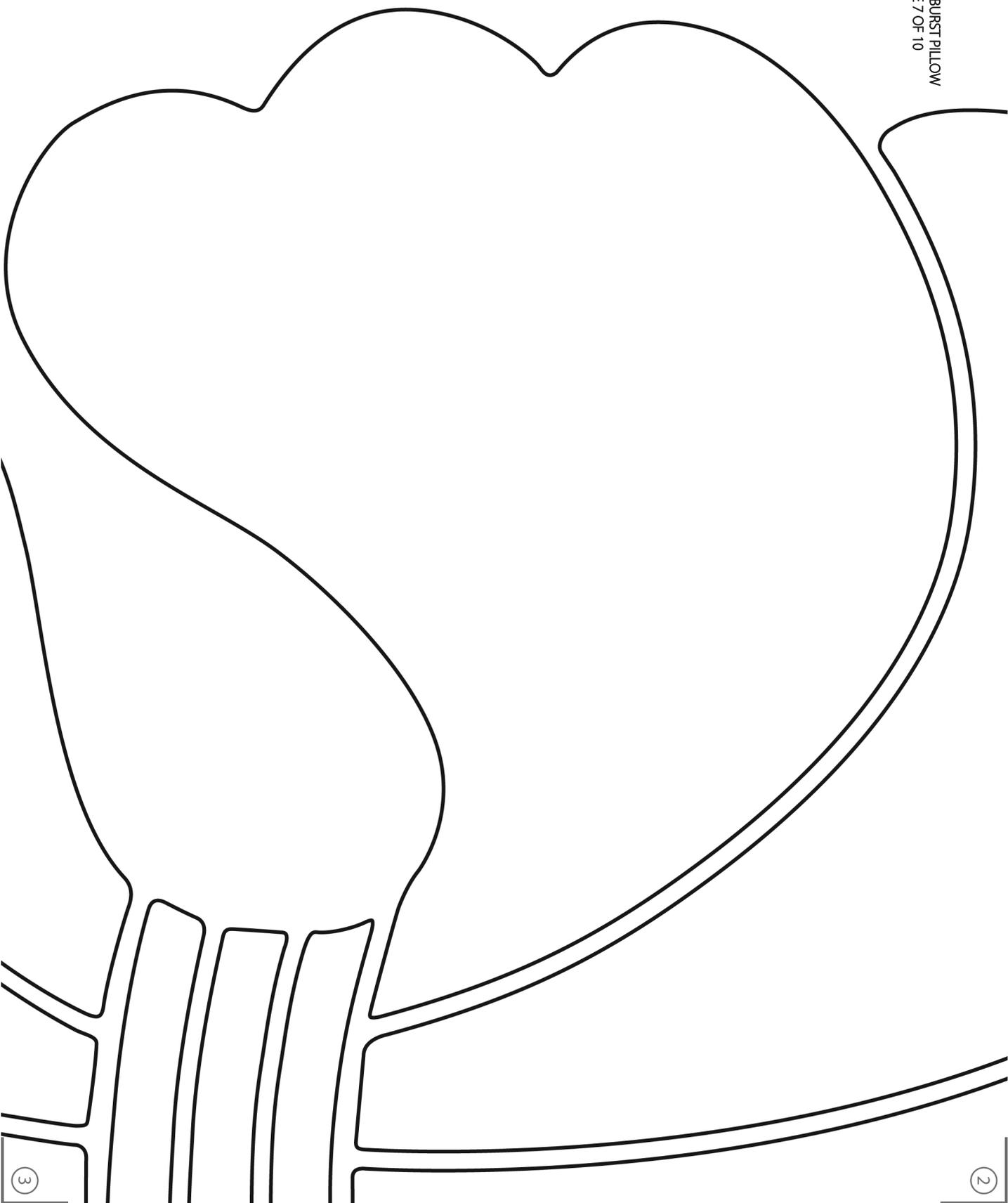
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LARGE FLORAL BURST PILLOW  
TEMPLATE PAGE 7 OF 10

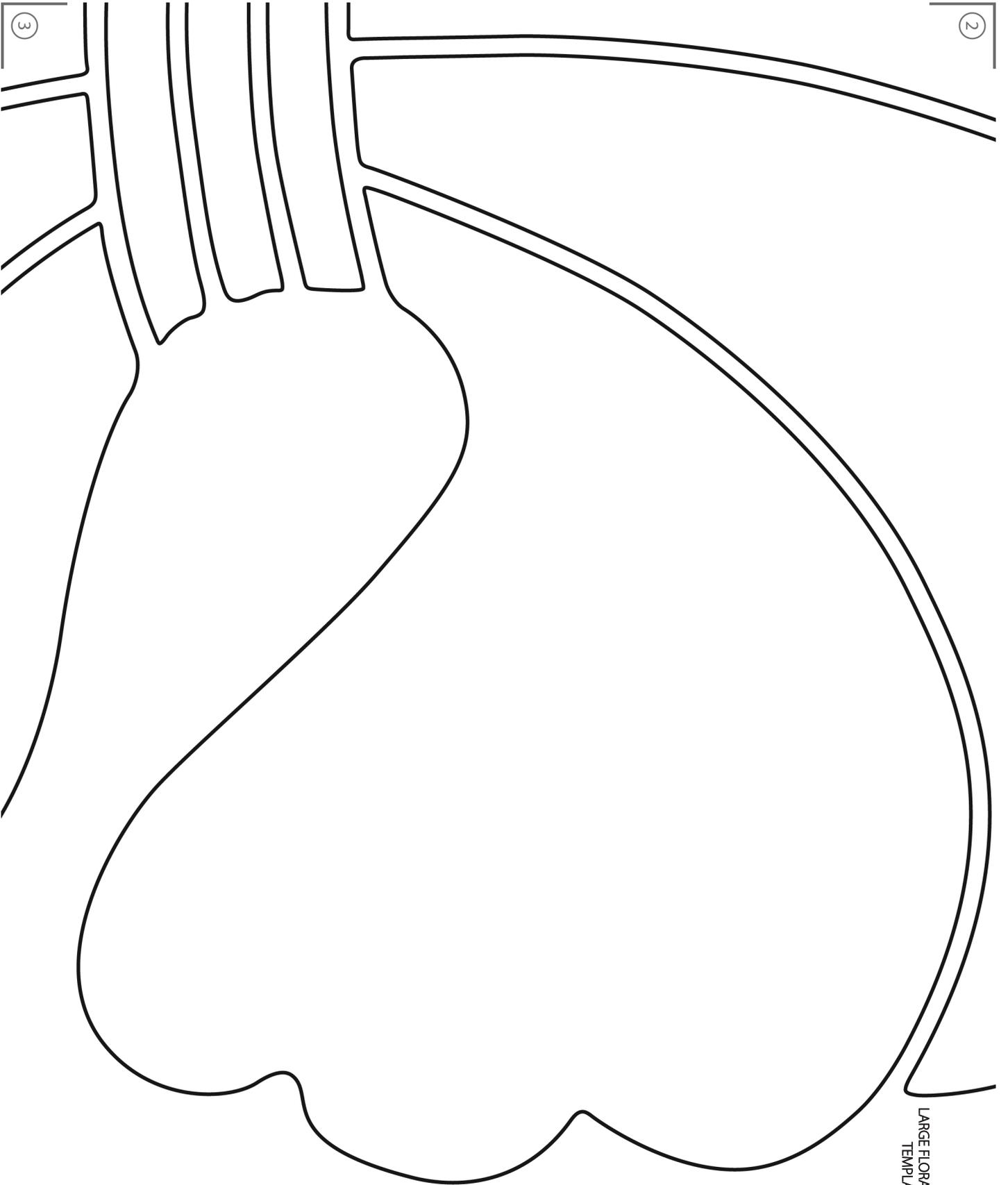
2



6

3

2

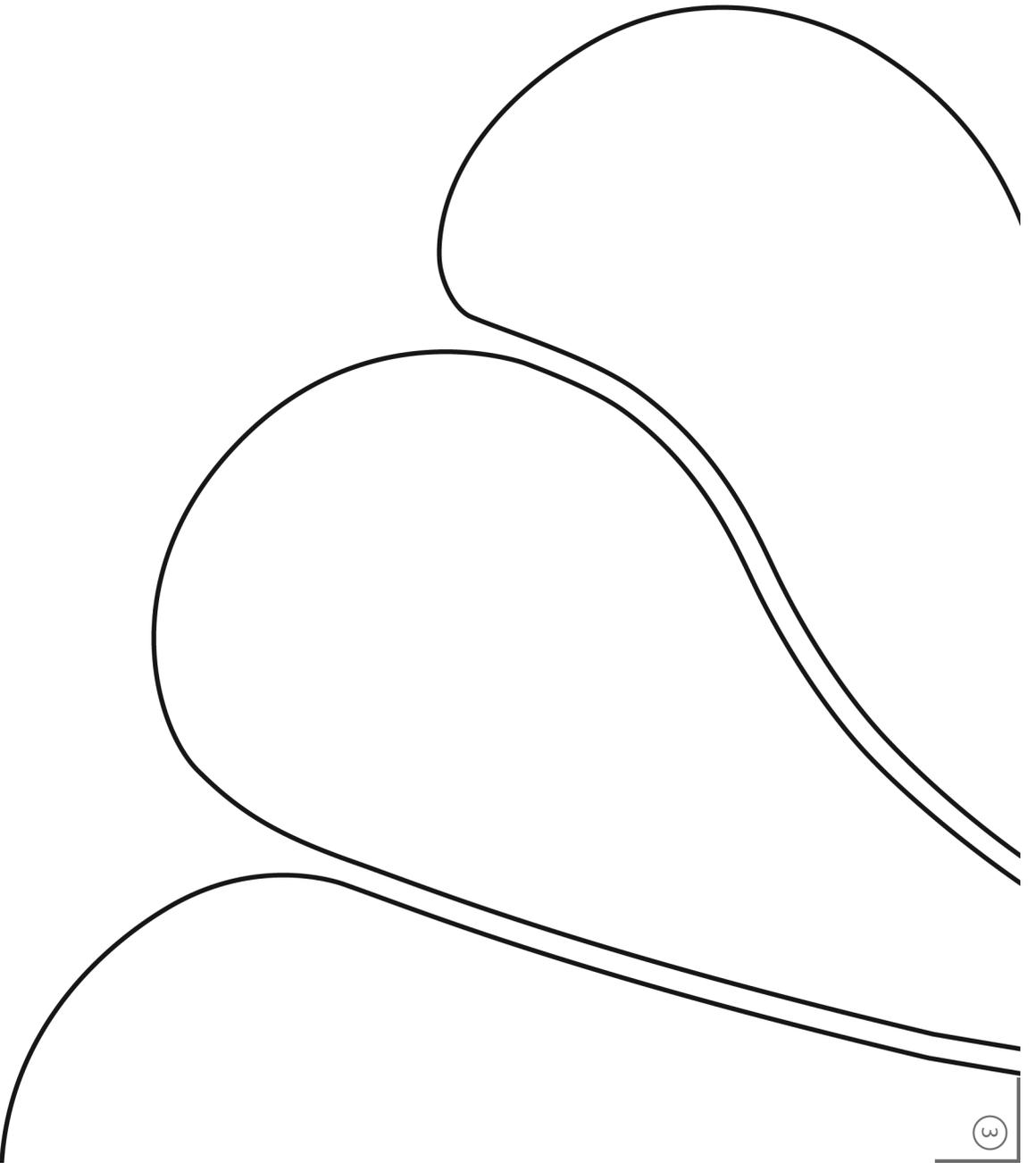


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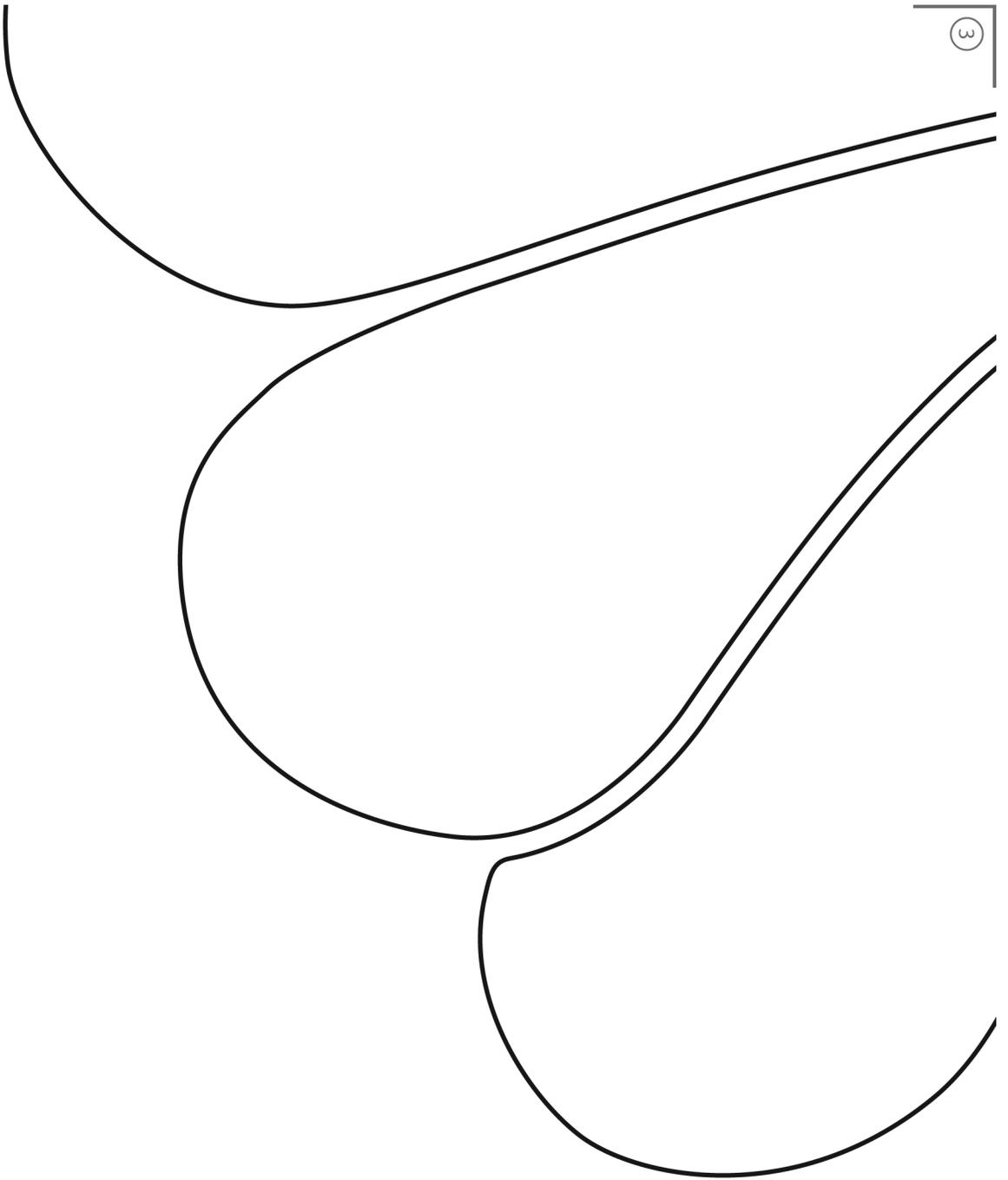
LARGE FLORAL BURST PILLOW  
TEMPLATE PAGE 8 OF 10

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