



FREE QUILT PATTERN  
NORA'S  
MID MOD 2  
QUILT



# NORA'S MID MOD 2 QUILT

Fabrics designed by Amy Butler for Rowan  
All prints are from Amy's Midwest Modern 1 & 2 Collections  
The solid fabrics are from Amy's quilting Solids Collection

Quilt design by Nora Corbet  
Instructions and Construction by Joy Jung and Kerri Thomson

Finished size: 88" wide x 93" long

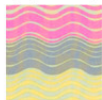
## Amy's fabrics used in this quilt (Color Story #1)

### Fabrics used for the pieced Strips

From the Midwest Modern 2 Collection

ab-31

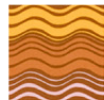
ripple stripe



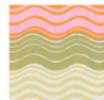
grey



orange



rust



sand

ab-23

garden maze



tan

ab-24

park fountains



brown



fuchsia



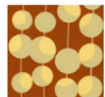
pink

ab-26

martini



grey



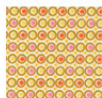
brown



tangerine

ab-29

happy dots



linen

ab-33

floating buds



linen

ab-32

fresh poppies



ivory

From the Midwest Modern Collection

ab-25

honeycomb



sand

ab-32

fresh poppies



fuchsia

ab-23

garden maze



mustard

ab-30

nouveau trees



moss

### Fabric for plain Strips

ab-45

Quilting Solids



fuchsia

### for Quilt Back

ab-23

garden maze



tan

### for Binding

ab-31

ripple stripe



orange

**NOTES:** All seam allowances are 1/4" unless otherwise stated.

Before you get started, please read through all of the instructions. Preshrink your fabric by washing, drying and pressing it.

**TIP:** Make a small diagonal clip in the corners of each of the fabrics before washing to help prevent fraying and tangling.



Nora's Mid Mod 2 Quilt Front (Color Story #1)

## Materials List

From 44" wide light to mid-weight fabric:

- 5/8 yard of 18 different prints for the pieced Strips (color story #1)

**OR** 7/8 yard of 10 different prints for the pieced Strips (color story #2)

- 2 5/8 yards of a coordinating solid for the plain Strips

- 8 1/4 yards of a coordinating print for the Quilt Back

- 1 yard of another coordinating print for the Binding

### PLUS

- 100" x 116" piece of batting (we use Bamboo Batting from Fairfield)

- 2 large spools of coordinating all-purpose thread (we use Coats Dual Duty XP®)

## Tools Needed

- Ruler/rotary ruler

- Straight pins

- Scissors

- Pencil or fabric marker

- Hand sewing needle

- Rotary cutter and mat

- Measuring tape

- Safety pins (large size)

- Iron and ironing board

## Step 1.

### CUT OUT THE FABRIC PIECES

**NOTE:** First you will cut strips along the crosswise grain from each of the fabric prints. Then from each of the Strips you will cut different size pieces. More pieces will be cut than needed to allow a larger variety when piecing the Strips.

### If using 18 different prints (Color Story #1)

From all of the 5/8 yard cuts of fabric:

- Cut 1 Strip - 8 1/2" long by the width of the fabric

- Cut 1 Strip - 11" long by the width of the fabric

From all of the 8 1/2" Strips:

-Cut 1 12" piece

-Cut 1 8 1/2" piece

-Cut 1 6" piece

-Cut 1 3 1/2" piece

**OR If using 10 different prints (Color Story #2)**

From all of the 7/8 yard cuts of fabric:

- Cut 2 Strips - 8 1/2" long by the width of the fabric
- Cut 1 Strip - 11" long by the width of the fabric

From all of the 8 1/2" strips:

- Cut 2 12" pieces
- Cut 2 8 1/2" pieces
- Cut 2 6" pieces
- Cut 2 3 1/2" pieces

**Plus (for either Color Story Quilt)**

From all of the 11" strips:

- Cut 1 12" piece
- Cut 1 8 1/2" piece
- Cut 1 6" piece
- Cut 1 3 1/2" piece

From the solid fabric for the plain Strips:

- Cut 5 - 8 1/2" wide x 89" long

From the Back fabric:

- Cut 3 panels - 32" wide x 98" long

From the Binding fabric:

- Cut 10 - 1 3/4" wide strips, enough to make 370" of binding

**Step 2.**

**MAKE THE PIECED STRIPS**

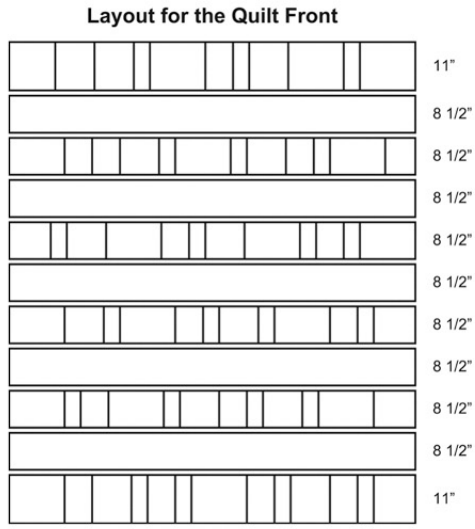
**NOTE: Randomly choose pieces varying in width and color to create a unique look.**

- A. On a large flat surface lay out your pieces in the order that is pleasing to you.
- B. Then place the first 2 pieces for the first 11" Strip **RIGHT** sides together matching one of the 11" edges and pin in place. Stitch a 1/4" seam across the pinned edges and backstitch at each end. Press the seam allowances to one side.
- C. Repeat Step 2B to attach the third piece to the opposite edge of the second. Continue this process until you've attached all the pieces to make the first Strip, measuring at least 89" long.  
**TIP: Sew a larger piece at each end of the Strips to make trimming easier.**
- D. Repeat Steps 2B and 2C to make four 8 1/2" Strips and another 11" Strip.
- E. Using your rotary cutter, mat and ruler, measure and trim each Strip to 89" long.

**Step 3.**

**SEW THE QUILT TOP**

A. Organize your quilt on a large flat surface. Starting at the top, lay the quilt sections in the following order:  
Place the first 11" Strip next to a solid followed by an 8 1/2" pieced section. Continue laying the Strips next to each other alternating the 8 1/2" pieced Strips with the solids. End with the second 11" section at the bottom.



B. Then place the first pieced and solid sections **RIGHT** sides together matching the long edge and pin them in place. Stitch a 1/4" seam across the pinned edges and backstitch at each end. Press the seam allowance to one side.

C. Repeat to attach the next pieced section to the other long edge of the solid. Continue this process until all of the sections are attached. Press all the seam allowances in the same direction.

**Step 4.**

**MAKE THE QUILT BACK**

A. Place the first 2 Back Panels **RIGHT** sides together matching one long edge and pin them in place. Stitch a 1/2" seam down the pinned edges and backstitch at each end. Press the seam allowances to one side. Repeat to attach the third Back Panel.

**Step 5.**

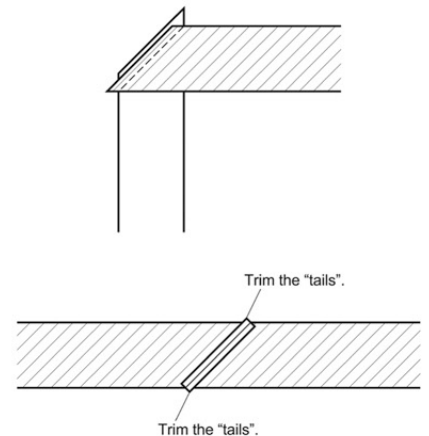
**ASSEMBLE THE QUILT**

- A. Place the Quilt Back on a large flat surface with the **WRONG** side up. Smooth out any wrinkles.
- B. Then place the batting on the **WRONG** side of the Back, smoothing out any wrinkles.
- C. Center the Quilt Top on top of the batting with the **RIGHT** side up, creating a sandwich with the Back, batting and Quilt Top. Smooth out any wrinkles.
- D. Use safety pins and pin the layers together or hand baste them using long basting stitches.  
*To hand baste, make a series of long running stitches through all three layers.*
- E. Machine or hand quilt as desired beginning at the center of the quilt and working your way to the outside edges. If using Bamboo batting it should be stitched at least every 8". Check your batting package to see how far apart your stitches can be. To quilt the layers together we used the stitch-in-the-ditch technique.  
*To stitch-in-the-ditch, sew in the groove formed by the seam.*
- F. When the quilting is complete, trim the Quilt Back and batting even with the Quilt Top using a ruler, fabric marker and scissors, or a rotary ruler, mat and cutter.
- G. Hand or machine baste very close to the raw edges to secure the 3 layers together before adding your binding.  
*To machine baste, use the longest stitch on your machine, so you can easily remove the basting stitches later, if needed. Do not backstitch at each end of your stitching.*

**Step 6.**

**MAKE AND ATTACH THE BINDING**

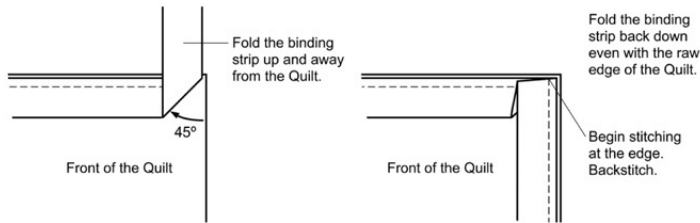
A. Join the Binding strips into one continuous piece by placing the ends perpendicular to each other with **RIGHT** sides together. Stitch across the matched diagonal edges and backstitch at each end. Trim the seam allowance to 1/4" and press it open. Trim any "tails" of fabric along the edges of the seam. Continue to join the strips until you have a piece measuring 370" long.



B. Fold the strip in half lengthwise with **WRONG** sides together. Press a crease along the folded edge.

C. With the Quilt Top facing up, start at the center of the bottom edge and place the Binding and Quilt Top **RIGHT** sides together aligning the raw edges. Pin in place. Leave the first 5" of the Binding unstitched and then sew a 1/4" seam, stopping 1/4" from the first corner and backstitch at each end. Clip the thread and remove the quilt from your machine.

D. Then to miter this first corner, fold the Binding away from the corner forming a 45° angle. Fold it back onto itself, even with the next raw edge to be sewn and pin it in place.



E. Begin stitching again at the top edge of the first corner, backstitching as you begin. Continue to pin and sew, stopping 1/4" from the next corner, backstitch and repeat the mitering process.

F. Continue to attach the Binding and miter the other two corners. Stop stitching 10" from where you first began. Backstitch at each end.

G. Cut the binding so it overlaps the beginning edge by 5". Open the beginning edge and cut it at a 45° angle. Fold 1/2" under toward the **WRONG** side and press.

H. Insert the end of the Binding under the beginning folded edge. Adjust it so it lays flat within the other end, tucked inside the fold. Pin and stitch the remaining unstitched edge of the Binding in place.

I. Turn the Quilt over so the Back is facing up. Flip the binding over the edge from the front to the back. Line up the folded edge of the Binding so it just covers the stitching line that attached it to the front. Adjust the mitered corners and pin the edge in place.

J. Hand stitch the Binding in place or machine stitch close to the pinned folded edge, backstitching at each end.

Nice job! Your Quilt is complete. You have made a beautiful keepsake.

Be sure to add a fabric label to the back of the Quilt, hand stitching it in place to document your name, address, date and any information you may want to include (perhaps a dedication or a name for the Quilt). Future generations will thank you for this.

All designs © 2009 Amy Butler  
Art of the Midwest, LLC

[amybutlerdesign.com](http://amybutlerdesign.com)

**WESTMINSTER**  
— F I B E R S —

3430 Toringdon Way, Ste 301  
Charlotte, NC 28277  
Phone: 866-907-3305  
Fax: 864-877-3269

Email: [fabrics@westminsterfibers.com](mailto:fabrics@westminsterfibers.com)  
Website: [www.westminsterfibers.com](http://www.westminsterfibers.com)

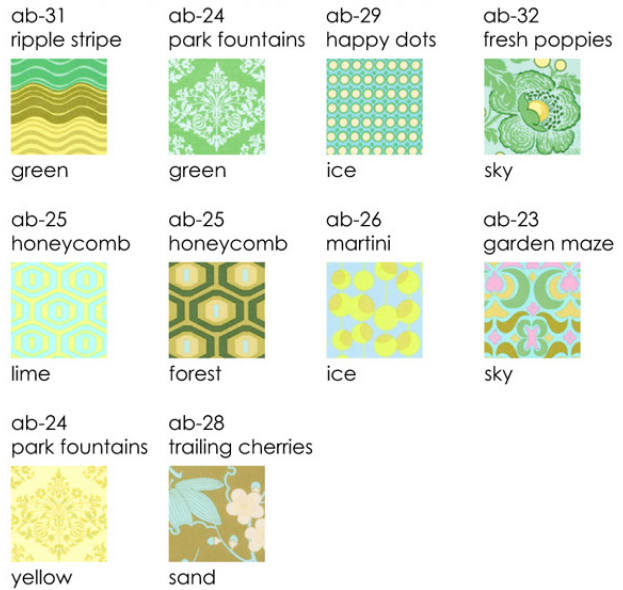
MIDWEST<sup>2</sup>  
MODERN  
by amybutler

R O W A N  
F A B R I C S

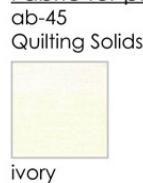
**Amy's fabrics used in this second quilt (Color Story #2)**  
(shown at bottom of this page)

Fabrics used for the pieced Strips

From the Midwest Modern 2 Collection



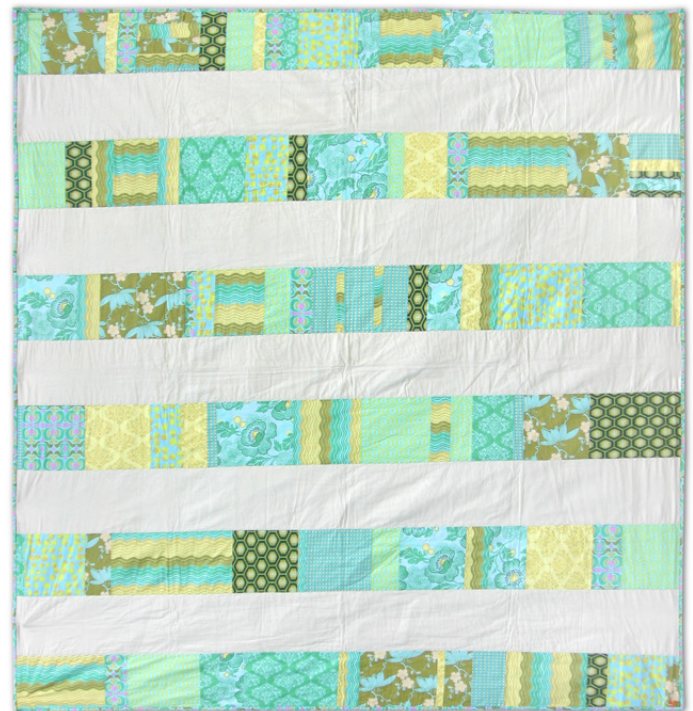
Fabric for plain Strip



for Quilt Back



for Binding



Nora's Mid Mod 2 Quilt Front (Color Story #2)

Be sure to check out the other free patterns on my website! This quilt design is also available as a duvet cover, made with my August Fields fabrics.