



FREE QUILT PATTERN
LARK QUILT



LARK QUILT

The graphic nature of my Lark quilt is the perfect platform for showcasing the glowing colors and velvety combinations of my stylized florals against a pool of deep blue..... a pathway for an eccentric mix of souvenir prints with a gypsy spirit! My quilt is created with simple construction, so if you're new to quilting, dig in and enjoy the process! Let your Lark spirit soar! Happy Happy Sewing! - Amy

SEWING PATTERN INCLUDES:

Complete instructions to create your own Lark Quilt.

Fabrics designed by Amy Butler for Rowan
 Quilt design by Amy Butler
 Quilt construction and pattern written by Susan Guzman
 Quilted by Linda Barrett
 Questions about pattern? Email: susan@suzguzdesigns.com

GENERAL NOTES:

~Finished quilt size: 72 1/2" x 72 1/2"

~Finished block size: 32" x 32"

~Seam allowances are 1/4"

~Please read through all instructions before beginning pattern.

~Preshrink fabric: machine wash, warm water; tumble dry, low heat. TIP: Make a small diagonal clip in corners of each fabric piece before washing to help prevent fraying.

~The first time a term is mentioned and followed by an asterisk (*) it is defined in the "Techniques & Terminology" section on Amy's website.

FABRIC REQUIREMENTS:

WOF=Width of Fabric

(A) PWAB068 Souvenir/Mineral: 1/3 yd



Cut 1 strip each:
 2" x WOF
 2 1/2" x WOF
 4 1/2" x WOF

(B) PWAB068 Souvenir/Persimmon: 1/4 yd



Cut 1 strip each:
 2 1/2" x WOF
 3" x WOF

(C) PWAB069 Kasbah/Midnight: 1/4 yd



Cut 1 strip each:
 2" x WOF
 3" x WOF

(D) PWAB069 Kasbah/Persimmon: 1/3 yd



Cut 1 strip:
 2" x WOF
 Cut 2 strips:
 2 1/2" x WOF

(E) PWAB071 Charisma/Blush: 1/4 yd



Cut 1 strip each:
 2 1/2" x WOF
 3" x WOF

(F) PWAB071 Charisma/Midnight: 1/4 yd



Cut 1 strip each:
 2 1/2" x WOF
 3 1/2" x WOF

(G) PWAB073 Floral Couture/Berry: 1/2 yd



Cut 1 strip each:
 2" x WOF
 5" x WOF
 5 1/2" x WOF

(H) PWAB074 Treasure Box/Ocean: 1/4 yd



Cut 1 strip each:
 2 1/2" x WOF
 3" x WOF

(I) PWAB075 Heirloom/Blue Sky: 1/3 yd



Cut 2 strips:
 3 1/2" x WOF

(J) PWAB075 Heirloom/Jade: 1/2 yd

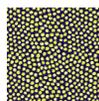


Cut 1 strip each:
 1 1/2" x WOF
 4 1/2" x WOF
 Cut 2 strips:
 3 1/2" x WOF



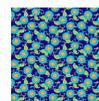
Lark Quilt

(K) PWAB076 Sparkle/Pitch: 1/4 yd



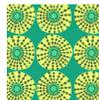
Cut 2 strips:
 2 1/2" x WOF

(L) PWAB077 Button Flower/Navy: 1/3 yd



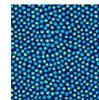
Cut 1 strip each:
 2" x WOF
 3" x WOF
 3 1/2" x WOF

(M) PWAB078 Sun Glow/Jade: 1/3 yd



Cut 2 strips:
 2" x WOF
 Cut 1 strip:
 3 1/2" x WOF

(N) PWAB076 Sparkle/Midnight: 1 7/8 yds



Cut 7 strips:
 8 1/2" x WOF
 From these, cut:
 (2) 8 1/2" x 32 1/2"
 (4) 8 1/2" x 24 1/2"
 (4) 8 1/2" x 16 1/2"
 (4) 8 1/2" x 8 1/2"

(O) PWAB070 Ivy Bloom/Cinder: 2 1/4 yds



Cut along selvage:
 (2) 4 1/2" x 72 1/2"
 (2) 4 1/2" x 64 1/2"
 Set aside scraps for binding.

(P) PWAB072 Gypsy/Cobalt: 4 3/4 yds



Trim selvage edges and cut 2 lengths:
 85 1/2" x WOF

BATTING / NOTIONS

-86" x 86" Fairfield Machine 60/40 Blend® Batting
 -1 large spool of coordinating thread from Amy's Premium Threads from Rowan

TOOLS

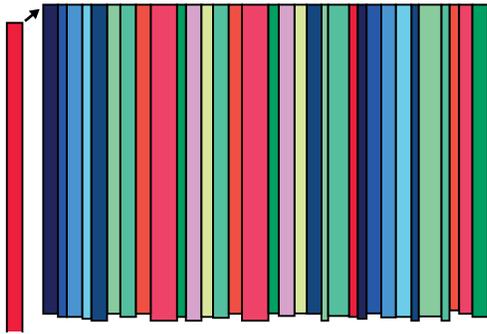
-Scissors
 -Rotary cutter and mat
 -24" ruler
 -Straight pins
 -Iron and ironing board

-Marking pencil
 -Hand sewing needle
 -Pkg. of quilter's curved safety pins

Step 1: STRIP PIECING BLOCK PATCHES

Referring to **Diagram 1**, randomly sew together all **Fabrics A-M** WOF strips. Press seams in one direction. Upon completion, your pieced fabric strips (**PFS**) unit should measure approximately 42" x 81".

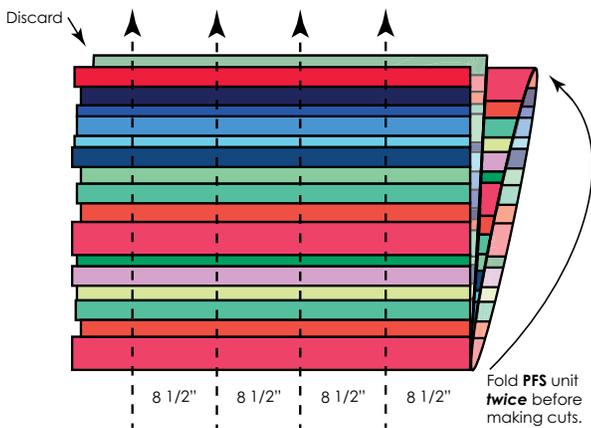
Diagram 1: Approx. 42" x 81"



Step 2: CUT STRIPS FROM PFS UNIT

With **WRONG** sides together, carefully fold the 81" width of your **PFS** unit in half, then in half again (**Diagram 2**). Using your rotary cutter, mat, and ruler, trim right side of folded unit even, then cut 4 strips, 8 1/2" wide; discard scraps.

Diagram 2: Fold Twice and Make Cuts

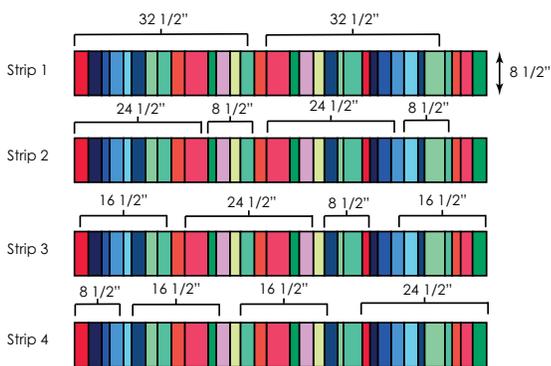


Step 3: CUT PATCHES FOR BLOCK ASSEMBLY

Referring to **Diagram 3**, cut the 4 strips into the patch sizes shown.

Note: Stagger the placement of your cuts for variety and as needed to avoid seam allowances*.

Diagram 3: Cut Block Patches from Strips



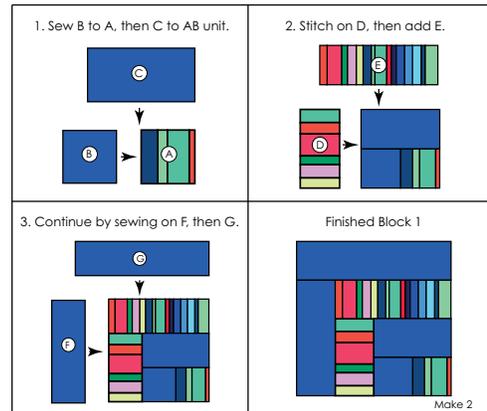
Step 4: ASSEMBLE BLOCKS

Gather all **Fabric N** fabric patches and the **PFS** patches from **Step 3**.

Note: Before making your blocks, you may consider first laying out your block pieces on a design wall or, an open space on a bed or floor. This will help you "see" your quilt before it is pieced, and allow you to make any changes with your PFS patches before you begin sewing.

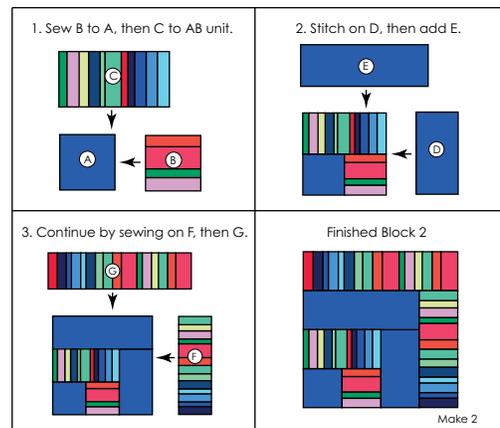
Piecing Block 1: Referring to **Diagram 4a**, and paying close attention to orientation, pin a **Fabric N** 8 1/2" x 8 1/2" square (**B**), to a **PFS** 8 1/2" x 8 1/2" square (**A**); sew together. Along the top of this unit, pin a **Fabric N** 8 1/2" x 16 1/2" rectangle (**C**) in place and sew together. Next, pin and sew a **PFS** 8 1/2" x 16 1/2" rectangle (**D**), then a **PFS** 8 1/2" x 24 1/2" rectangle (**E**) to the unit. Finally, sew on a **Fabric N** 8 1/2" x 24 1/2" rectangle (**F**), and an 8 1/2" x 32 1/2" rectangle (**G**) to finish the block. **Make 2.**

Diagram 4a: Block 1 Piecing



Piecing Block 2: Referring to **Diagram 4b**, and again paying close attention to orientation, pin a **PFS** 8 1/2" x 8 1/2" square (**B**), to a **Fabric N** 8 1/2" x 8 1/2" square (**A**); sew together. Along the top of this unit, pin a **PFS** 8 1/2" x 16 1/2" rectangle (**C**) in place and sew together. Next, pin and sew a **Fabric N** 8 1/2" x 16 1/2" rectangle (**D**), and a **Fabric N** 8 1/2" x 24 1/2" rectangle (**E**) to the unit. Finally, sew on a **PFS** 8 1/2" x 24 1/2" rectangle (**F**), and an 8 1/2" x 32 1/2" rectangle (**G**) to finish the block. **Make 2.**

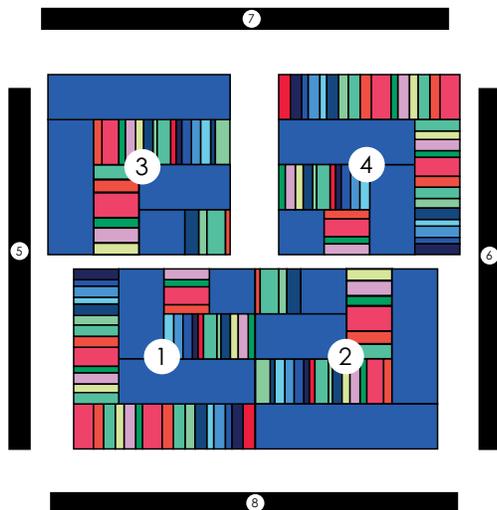
Diagram 4b: Block 2 Piecing



Step 5: ASSEMBLE QUILT TOP

Paying close attention to block orientation, arrange your 4 quilt blocks according to **Diagram 5**. Pin and sew together the blocks in numerical order to make your Quilt Top center. Next, pin and sew **Fabric O** border strips, 4 1/2" x 64 1/2" to left and right sides (5 and 6). Finally, pin and sew remaining **Fabric O** strips, 4 1/2" x 72 1/2" (7 and 8), to top and bottom.

Diagram 5: Piece Quilt Top



Your Quilt Top is now complete. Please set aside while you make the Quilt Back.

Step 6: PIECING QUILT BACKING

Gather your 2 **Fabric P** 85 1/2" x WOF lengths. With **RIGHT** sides together, line up the fabric design, then pin and sew together along entire length. Press seam to one side and iron out any creases.

Your Quilt Back is now complete.



Step 7: FINISHING YOUR QUILT

A. Place the Quilt Back on a flat, open surface with **WRONG** side up; smooth wrinkles.

B. Place batting on top of Quilt Back; smooth wrinkles.

C. Center Quilt Top on batting with **RIGHT** side up, creating a sandwich with Quilt Back, batting, and top; smooth wrinkles.

D. Using quilter's curved safety pins, carefully pin the 3 layers together about every 8", or hand baste* the layers using long running stitches.

E. Begin quilting in center of your quilt and continue to outside edges.

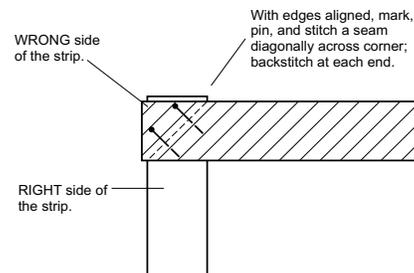
F. Trim the Quilt Back and batting even with the Quilt Top.

Step 8: MAKE AND ATTACH THE BINDING

A. Cut 2 1/2" wide strips from leftover **Fabric O**. Make enough strips to total 8 1/2 yards.

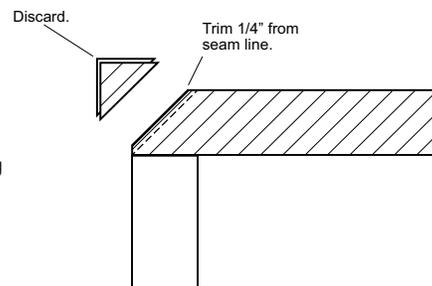
B. To join strips for binding*, refer to **Diagram 6** and place 2 strips perpendicular to each other with **RIGHT** sides together. Match the raw edges. With a marking pencil, draw a diagonal line on wrong side of fabric, then pin in place along sew line. Stitch a seam diagonally along mark and backstitch* at each end.

Diagram 6: Piece Binding Strips



C. Leaving a 1/4" on the outside of the stitching line, cut diagonally across the matched corners, as seen in **Diagram 7**; discard cut corners. Press the seam open. Continue to attach the remaining strips to finish making the binding.

Diagram 7: Trim Corners



D. With **WRONG** sides together, line up raw edges and press a crease along the entire folded lengthwise edge.

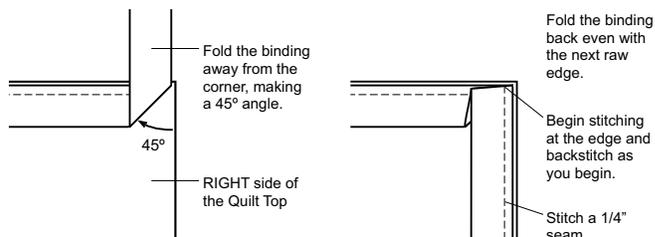
Attaching binding for hand sewing method (**Note: If attaching binding entirely by machine, refer to instructions in parenthesis**):

E. Place the **RIGHT** side of the Quilt Top facing up (down). Start at the center along one side edge, and match the raw edges of the binding and Quilt, pinning as you go and stopping at the first corner.

F. Leave the first 5" unstitched, then sew a 1/4" seam, stopping 1/4" from the first corner and backstitch at each end. Remove the quilt from your machine and clip the threads.

G. To form a neat mitered corner, fold the binding away from the corner forming a 45° angle. Then fold it back even with the next side's raw edge and pin it in place. Leave the folded edge of the binding even with the first edge that was sewn.

Diagram 8: Making Mitered Corners



H. Begin stitching again at the edge of the Quilt, backstitching as you begin. Continue to pin and sew along the edge, stopping 1/4" from the next corner and backstitch again.

I. Repeat Steps 7F and 7G to miter the remaining corners and sew the rest of the binding in place. Stop stitching 10" from where you first began. Backstitch again.

J. Cut the binding so it overlaps the beginning edge by 6". Open the beginning edge and cut it at a 45° angle. Fold this edge 1/2" under toward the **WRONG** side of the binding and press.

K. Insert the end of the binding under the beginning folded edge. Adjust it so it lays flat within the other end tucked inside the fold. Pin and stitch the rest of the binding in place. Press the binding away from the Quilt Top.

L. Turn the Quilt over so the Back (*Front*) Panel is facing up. Flip the binding over the edge from the front (*back*) to the back (*front*). Line up the folded edge of the Binding so it just covers the stitching line that attached it to the front. Adjust the mitered corners and pin them in place.

M. Hand stitch the binding in place (*or machine stitch close to the inner folded edge and backstitch at each end*).

N. Be sure to add a fabric label to the back of the Quilt, hand stitching it in place to document your name, address, date and any information you may want to include (perhaps a dedication or a name for the Quilt). Future generations will thank you for this.

You're all finished! Onto your next Lark, or time to curl up in your new quilt? Hmmm. Congrats! - Amy

If you liked this free pattern, please be sure to check out my other free patterns like "Voile Sun Glow Quilt".
Happy Sewing! -Amy



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FABRICS

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